

# COVID-19 Return to Campus Spring 2021

Student Guidelines and Expectations

Northwestern

[northwestern.edu/campus-return](https://northwestern.edu/campus-return)

# Responsible for Me NU-Q

The extraordinary circumstances caused by the COVID-19 pandemic impacts on-campus living like never before. The health and well-being of the Northwestern Qatar community is our top priority, which means the following guidelines are in place. **It is up to us** at Northwestern Qatar to be responsible community members and align ourselves with these guidelines.

# Policy, Expectations, and Guidelines

# Policy for Returning to Campus

All community members are empowered and expected to play a role in protecting their own health and the health of others and are required to follow policies, protocols, and guidance to enable Northwestern Qatar to return to campus.

- These are subject to frequent change based on the Qatar Ministry of Public Health guidelines.
- Amendments or updates will be communicated immediately through the Northwestern Qatar website
- In place for the Spring 2021 term but may be modified at any time.

# Student Expectations and COVID-19 Code of Conduct

- The highest priority for the School is the well-being of our Wildcat community.
- In order to return to campus, students must agree to follow all expectations and guidelines for reducing the spread of COVID-19.
- Failure to comply may result in referral to the appropriate office for follow up.
- Northwestern Qatar has developed the following expectations for all students who return to campus.

# Student Expectations

- *I will regularly monitor the University's guidelines related to COVID-19 on the COVID-19 [site](#) and stay updated on any guidance provided by Northwestern Qatar.*
- *While in the Northwestern Qatar building, student housing, or any area in Education City, I will abide by all safety and hygiene standards recommended by Northwestern Qatar, the Qatar Foundation, and the Qatar Ministry of Public Health including standards regarding social distancing, limiting gatherings, hand washing and sanitizing, and cleaning shared surfaces*
- *I will wear a mask or face covering in all public and shared environments on campus and whenever required by the University, unless I have a medical condition that restricts my ability to do so. I understand that the face covering must meet guidelines from the [Qatar Ministry of Public Health](#) and Northwestern Qatar guidance.*

# Student Expectations (cont)

- *I understand that I may be asked to submit to COVID-19 testing and will comply with COVID-19 testing recommendations made by Northwestern Qatar.*
- *I will immediately report any exposure to COVID-19 to Student Affairs and will not participate in in-person activities until I am cleared by the University.*
- *I will cooperate with any contact tracing efforts by the University.*
- *I will perform and document any self-monitoring or self-screening of health symptoms that the University asks me to complete.*
- *I will participate in any additional health screening required by the University.*

# Student Expectations (cont)

- *I recognize that individuals with the following conditions may have a higher risk from COVID-19 infection: age 55 or older, HIV, asthma, chronic lung disease, diabetes, serious heart condition, chronic kidney disease being treated with dialysis, severe obesity, immunocompromised, and certain pregnancy related conditions. If I have any of these conditions, I will contact [AccessibleNUQ](#) if I plan to return to campus for any reason.*
- *If I will be residing in University housing, I will review their policies, procedures and guidelines and follow the expectations set forth therein.*



# Health Resources

# Mental Health Resources and Support

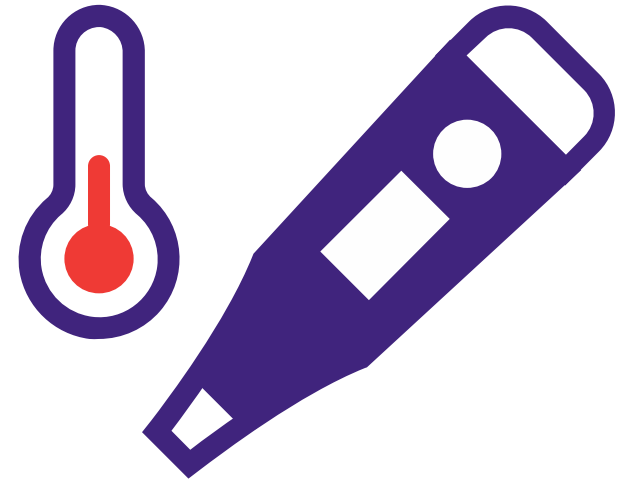
Mental health resources are available to students through Counseling and Wellness.

- If you would like to seek out support or consultation, you can book an appointment to speak with a counselor [here](#). Meetings will be held on Microsoft Teams or in person as safety guidelines allow.
- After hours and weekend on-call resources will continue to be available to you. You can reach this resource by calling 5503-2187.
- Please visit Northwestern Qatar [Taking Care of Yourself During the COVID-19 Pandemic](#) for tips on coping and additional resources for support and self-care.

# Health Monitoring, Testing, and Contact Tracing

# Symptoms of COVID-19

- People with these symptoms or combinations of symptoms may have COVID-19
  - Cough
  - Shortness of breath or difficulty breathing
- Or at least **two** of these symptoms
  - Fever
  - Chills
  - Repeated shaking with chills
  - Muscle pain
  - Headache
  - Sore throat and/or
  - New loss of taste or smell



# Health Monitoring

- Northwestern Qatar community members are expected to regularly monitor their personal health status.
- Do not go to the Northwestern Qatar building if showing one or more symptoms
- The EHTERAZ app health status and temperature check are required before entering the building
- Follow required reporting procedure if you test positive for COVID-19 or are self-isolating due to suspected or known exposure to COVID-19
- Students are required to participate in any additional health screening (including testing) or contact tracing efforts required by the University.



# Self-Isolation

Self-isolation means staying in your home for 14 days or until cleared by a medical provider, whichever comes first.

## **You are expected to self-isolate if:**

- You have had direct contact (being less than two meters, for 15 minutes or more, with one person not wearing a face covering) with someone who has tested positive for COVID-19, or you are being tested after a suspected exposure to COVID-19.
- You are worried you may have been exposed through contact with a person you suspect may have been exposed to COVID-19, it would be prudent to self-isolate and call MOPH Hotline on #16000 to determine the significance of the contact.

**If you are self-isolating, you are required to inform Student Affairs and complete an online COVID-19 Incident report (you will need the Northwestern Qatar VPN to access the reporting form)**

# Self-Isolation

## Return to Building after Positive COVID-19 or Self-Isolation

- Any student who has tested positive for COVID-19 is required to obtain a clean health notification from the Qatar Ministry of Public Health which will be by SMS or by the EHTERAZ app changing to green.
- Those individuals who were required to self-isolate due to being in direct contact with a positive case, may return to the Northwestern Qatar building 14 days after having contact with a positive case.
- MoPH guidelines require staying at a quarantine hotel or self-isolation for all individuals who have traveled abroad.

# Health Screening

## When arriving at the Northwestern Qatar Building

- There will be two entry points to the building – the North Entrance and the South Entrance; all other doors will only be used in an emergency
- Anyone entering the building will be screened for temperature and asked to show their EHTERAZ app before being allowed to enter
- Anyone with an elevated temperature (above 38°C) or a non-green EHTERAZ app status will be denied access to the building
- Individuals who show a higher temperature due to outside temperatures will be permitted to cool down at reception for 15 mins before having their temperature checked a second time



# Health Screening

**If you are denied access to the building, you will be requested to:**

- Return home or to student housing
- Contact the Qatar Ministry of Public Health on its Hotline **#16000**
- Inform Student Affairs (details of students who are denied access will be held confidentially by Student Affairs for contact tracing purposes, if required for 30 days)

# Social and Physical Distancing

# Social and Physical Distancing

- Remaining at least 1.5 meters apart
- Limiting large meetings and gatherings
- Postponing non-essential meetings and events
- Reducing occupant density
- Removing seats from shared spaces
- Modifying circulation patterns inside and outside of buildings
- Providing signage and/or physical barriers and/or partitions in public areas



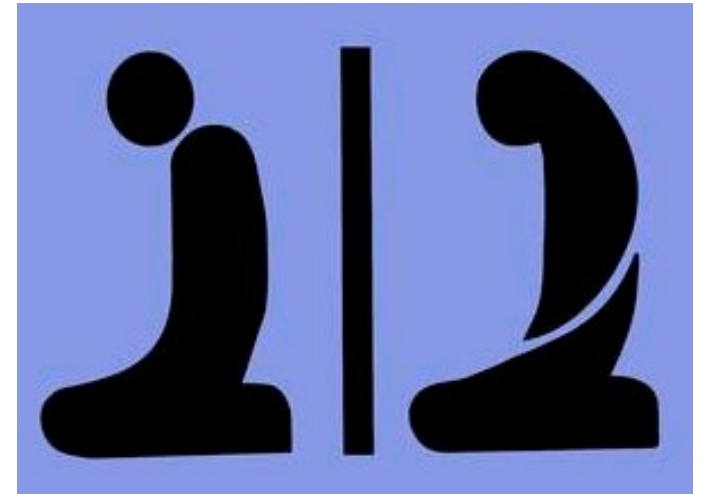
# Elevators, Corridors, Lobbies, and Stairs

- Wear a face covering when using elevators and in densely populated lobbies and atriums.
- In buildings use the stairs, if you are able.
- Occupancy in the elevators will be limited to one or two people.
- Look for and follow signage for spacing and paths of travel.
- In the absence of signage, stay to the right of any hallway or stairs while others are passing.



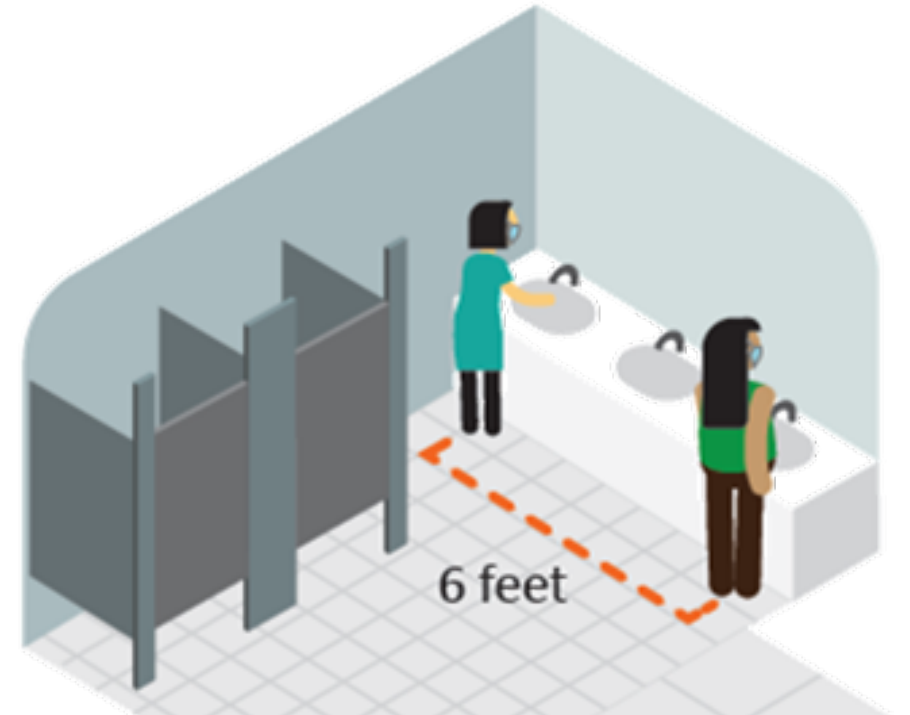
# Prayer Room

- Prayer Room capacity will be reduced - follow signage as instructed
- Face masks must be worn when using the prayer room
- Worshipers should avoid touching their nose, eyes, and mouth
- Worshipers are encouraged to bring their own Qur'an or use their phone application for reading
- Worshipers are encouraged to bring their own prayer mat



# Campus-Wide Restrooms

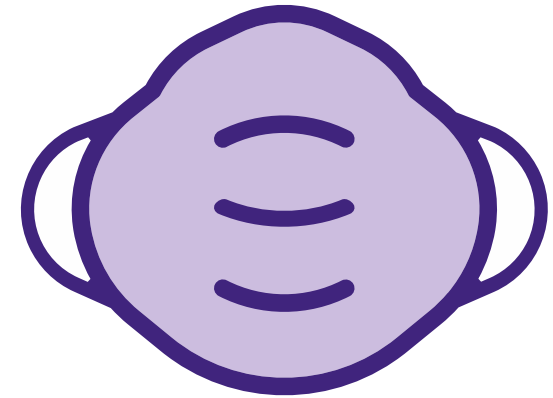
- Students are encouraged to wash their hands upon entering the restroom and upon exit from the restroom.
- Students are encouraged to limit touching of doors and door handles.
- You may find that some sinks and stalls will be taped off to accommodate social distancing.



# Face Coverings

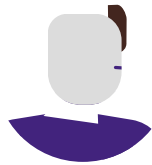
# Face Coverings

- Face coverings are required in all public and shared environments on campus
- Face coverings must always be worn while in the Northwestern Qatar building, except when you are alone in an office / room with the door closed
- Face masks will be available at the main entrances
- Cloth face coverings do not protect you from exposure and are only intended to help contain your respiratory droplets from being spread to other people and are not permitted
- Bandanas or scarves are not acceptable face coverings





# Using Your Face Covering



## Putting On Your Face Covering

1. Wash your hands.
2. Inspect the face covering.
3. Place the loops over your ears.
4. Ensure the face covering fully covers your mouth and nose and fits snugly against the side of your face.



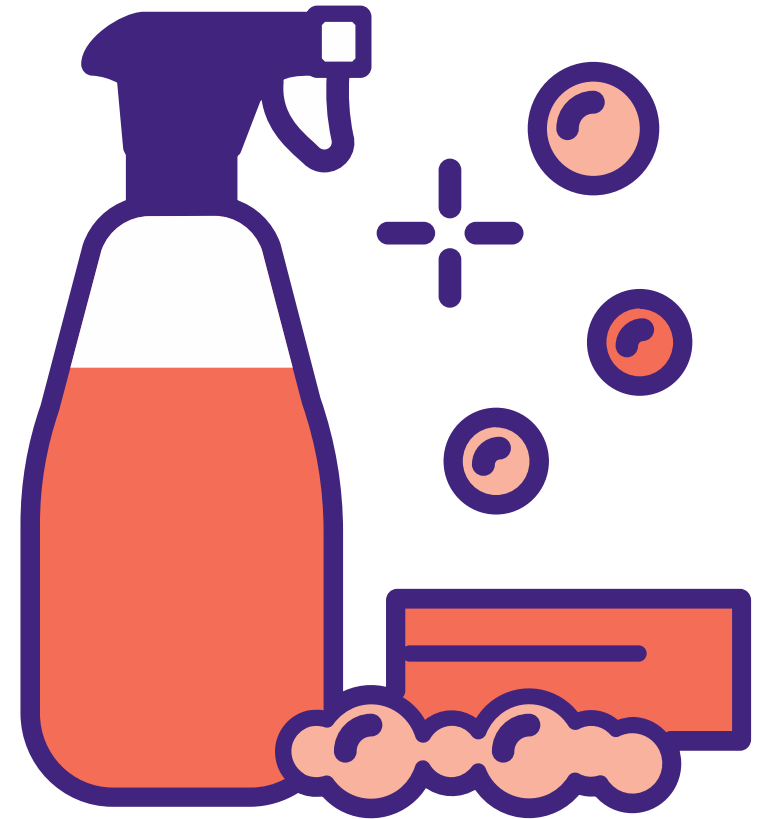
## Removing Your Face Covering

1. Grab the loops and pull the covering away from your face. Be careful not to touch your eyes, nose, or mouth while removing the face covering.
2. Carefully place cloth face covering in a container or bag after use to take home and launder. Dispose of non-reusable face coverings after use.
3. Wash your hands after touching the face covering.

# Cleaning and Disinfecting Protocols

# Cleaning and Disinfection

- Cleaning and disinfection are important aspects of reopening our campus.
- Cleaning
  - Removes germs and dust
  - Does not necessarily kill germs, but by removing them, it lowers the risk of spreading infection
- Disinfecting with chemicals kills germs on surfaces and lowers the risk of spreading infection.



# Good Personal Hygiene

- Washing your hands frequently
- Using hand sanitizer
- Gloves are **NOT** recommended for protection because COVID-19 cannot enter the body through your skin



# Reporting and Responding to Concerns

# Responding to Concerns

Students are encouraged to politely address concerns if they interact with another community member who may not be meeting these expectations or guidelines.

Students uncomfortable with addressing the concern directly are encouraged to [report the incident](#) to Student Affairs.

Concerns may include:

- Failing to wear a face covering
- Not adhering to social distancing expectations
- Hosting a social gathering that violate stated expectations
- Other guidelines or expectations outlined in this training

Residential students should contact their CDA to share concerns in QF Student Housing.

# Responding to Concerns

Northwestern Qatar will treat reports of non-compliance seriously. COVID compliance officers and security guards will assist in ensuring compliance by all community members.

Student Affairs will respond to reports of expectations and guidelines that are not met by students.

Concerns will be evaluated to determine the degree of persistence and severity. The following scale will be used to determine the appropriate response.

**Unintentional or  
Accidental Violation  
of Guidelines and  
Expectations**

**Repeated Low-Level  
Concerns Related  
to Guidelines and  
Expectations**

**Intentional  
Disregard of  
Guidelines and  
Expectations**

**Severe Disregard  
of Expectations  
Endangering Self  
or Others**

# Repairing Harm or Impact

Northwestern Qatar will take a restorative approach to lower-level concerns.

The objective is to address the concern, educate the community member who has not met the expectations or guidelines for return to campus, and repair any harm or impact from the violation.

Depending on the severity and persistence of a violation, the responses may include advisory letters, formal warnings, and restricting access to the building:

A written advisory letter reminding the student of expectations and guidelines.

A virtual meeting to discuss the impact of the concern(s) and remind the student of expectation and guidelines.

A virtual meeting to determine if escalated response, inclusive of a disciplinary status is warranted.

Determining if a disciplinary status or even suspension from student housing (if applicable) or the University is warranted. (Severe Disregard of Expectations)



[qatar.northwestern.edu/return-to-campus](https://qatar.northwestern.edu/return-to-campus)